

The Impact of Sunk Cost Effects from Research and Development Investment on Firm Profits in Biomedical and Pharmaceutical Enterprises

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Abstract. The biomedical and pharmaceutical industry, being intrinsically tied to human life and health security, currently demonstrates a development paradigm predominantly propelled by biopharmaceutical innovation and cross-disciplinary technological convergence, with sustained growth in Research and Development (R&D) investment intensity observed across the sector. To sustain competitive dominance in the marketplace, enterprises must continuously allocate substantial capital towards pioneering technologies and next-generation product development. However, the substantial allocation of funds to R&D inevitably triggers the sunk cost effect, exerting measurable impacts on corporate profitability. This aspect of the issue has not yet been comprehensively analyzed or thoroughly studied within academic and industry research frameworks. Based on this background, this article will partially supplement the research gaps in this area by combining relevant data. Based on biomedical and pharmaceutical enterprises, this article analyzes the impact of R&D intensity on financial risk and R&D intensity on asset utilization, and summarizes the relationship between R&D intensity and corporate profits. The findings reveal that there is an inverse relationship between R&D intensity and Debt-to-Asset Ratio, a coexistence of high R&D intensity with low Total Asset Turnover, and a nonlinear (roughly inverted U-shaped) correlation between R&D intensity and ROE. Contemporary biomedical and pharmaceutical enterprises are also roughly divided into two categories according to the effect of sunk costs: innovative biomedical and pharmaceutical firms and generic biomedical and pharmaceutical firms.

Keywords: Biomedical and pharmaceutical industry, Sunk cost effect, R&D, Firm profits

1. Introduction

The biomedical and pharmaceutical industry has garnered widespread attention, with a general consensus that its innovative initiatives can bring significant benefits to human society and enhance people's quality of life. There is a collective hope that the biopharmaceutical sector will take concrete actions in this regard. China's "14th Five-Year Plan" National Health Plan mentions the need to promote the innovation and development of the pharmaceutical industry, encourage the research and development, innovation and use of new drugs, and accelerate the research and

development and industrialization of drugs for the treatment of major diseases urgently needed in clinic [1].

Thus, it becomes evident that sustained investment in research and development (R&D) within the biomedical and pharmaceutical industry is not merely beneficial, but an operational imperative. In this process, R&D investment inherently generates the sunk cost effect, consequently exerting downward pressure on corporate profit margins. In firm management, the sunk cost effect manifests in the range of impacts that a firm's R&D investments exert on its revenue [2]. J.A. Mañez and J.H. Love contend that persistent R&D investment is highly desirable for firms, as it is associated with greater productivity growth, higher profitability, and increased innovation levels [3]. However, the relationship between R&D investment and firm profitability exhibits a more complex, nonlinear dynamic than a simple linear association. Empirical evidence now points to an inverted-U relationship: at low intensities, additional R&D outlays depress profits; at moderate levels, they begin to enhance profitability; but when pushed to excessive levels, they ultimately erode corporate profits [4].

Existing scholarship has predominantly focused on interpreting the sunk cost effect manifested in behavioral patterns of individual or collective human agents. However, the focus on its organizational-level impacts has received relatively less attention. This study aims to bridge this gap by investigating the intrinsic mechanisms linking R&D investment dynamics to firm profitability. Specifically, it dissects how the scale and rhythm of R&D outlays shape corporate earnings, offering actionable insights for strategic R&D decision-making.

2. Literature review

2.1. Sunk cost effect and prospect theory

The sunk cost effect (SCE) is when people keep putting time, money, or effort into a project that isn't working out because they have already invested resources that they can't get back [5]. David Ronayne, Daniel Sgroi, and Anthony Tuckwell support Arkes and Blumer's view that the sunk cost effect occurs when prior resource investments (time, money, effort) drive individuals to continue an endeavor. Despite varied definitions, all agree that past sunk actions restrict current decision-making, though these actions do not affect the desirability of present options [6].

According to Kahneman and Tversky's prospect theory, individuals weigh losses more heavily than gains of the same magnitude, a concept known as loss aversion [4]. This asymmetry can trap decision makers in a cycle of escalating commitment: having sunk irrecoverable resources—time, capital, effort—they continue investing in the hope of eventually recouping those costs, even when objective prospects are bleak. The result is a proliferation of loss-making projects that persist long after rational abandonment would have been warranted. What's more, prospect theory describes how individuals assess potential outcomes relative to a reference point from a behavioral economics perspective. The assessment is usually influenced by loss aversion and reduced sensitivity [7]. Consequently, decision-makers of relevant firms will face these problems, thereby affecting the development of the enterprises.

2.2. R&D activities and investments

Whether firms' persistence in R&D is due to the existence of sunk costs or to a process of learning is highly relevant both from the economic and the political perspective, as it raises completely different implications. If sunk costs are the culprit, they erect exit barriers: capital and talent remain

locked in projects whose net present value has turned negative, misallocating scarce resources. By contrast, if persistence arises from learning processes that enhances innovation efficiency, policies encouraging sustained R&D engagement become essential. Moreover, given that persistent innovation boosts returns, identifying barriers to continuous R&D is crucial. Thus, quantifying how much R&D persistence links to sunk costs versus learning effects remains extremely interesting [3].

2.3. ROE

In mature markets, Return on Equity (ROE) significantly influences investor decisions and remains a critical regulatory control variable for securities oversight. The performance fluctuations of Chinese A-share listed companies correlate strongly with ROE levels, where distinct ROE values correspond to divergent performance stability and growth trajectories. Theoretically, ROE for these companies conveys both value-relevant profitability insights and predictive patterns regarding future performance dynamics and their informational significance [8].

2.4. Debt-to-Asset Ratio

In corporate management practice, the Total Liabilities divided by Total Assets (Debt-to-Asset Ratio) is a highly scrutinized metric. It demonstrates both the coverage capacity of assets over liabilities and serves as a key reference for evaluating corporate debt risk. Furthermore, this ratio is extensively employed as a vital indicator of corporate indebtedness, with numerous studies adopting it to measure corporate debt financing levels [9].

2.5. Total Asset Turnover

Total Asset Turnover serves as a robust indicator of asset utilization efficiency when a firm's total assets remain relatively constant. Total Asset Turnover can determine the revenue-generating capacity of assets. Higher Total Asset Turnover indicates faster turnover of enterprise total assets, demonstrating stronger sales capability [10]. Consequently, to some firms, higher Total Asset Turnover demonstrate superior sales execution capabilities within the organization.

3. Methodology

3.1. Data collection

This study retrieved financial data for all A-share listed firms in the pharmaceutical and biological industry, covering the four fiscal years 2021–2024 [11].

In this study, sunk costs is proxied by R&D intensity, computed as R&D investment divided by operating revenue. In corporate practice, the sunk-cost effect is revealed through the extent to which prior R&D outlays continue to shape current revenue generation [2]. Profitability is measured by the return on common stockholders' equity (ROE), defined as net profit divided by average shareholders' equity. ROE is widely regarded as a core indicator of a firm's earnings power [8]. When evaluating a company's debt risk, traditional analysis methods consider Debt-to-Asset Ratio as an important indicator for measuring the company's debt risk [9]. In this study, financial risk is operationalized via the Debt-to-Asset Ratio (Total Liabilities/Total Assets). Under stable total asset conditions, Total Asset Turnover (Revenue/Average Total Assets) serves as a robust proxy for asset productivity [10].

3.2. Data processing

To mitigate the influence of extreme values and obvious data errors, this study selected samples with R&D intensity not exceeding 100%, Debt-to-Asset Ratio not exceeding 80%, Total Asset Turnover not exceeding 1.5, and absolute ROE not exceeding 30%. These filters ensure that outlying firms do not distort the identification of general empirical patterns.

4. Results and discussion

4.1. R&D intensity and financial risk

Figure 1 illustrates a pronounced inverse relationship between the Debt-to-Asset Ratio and R&D intensity across 2021–2024. The negative association is weakest in 2021, becomes more discernible in 2022 and 2023, and is most evident in 2024. Put differently, as a pharmaceutical or biological firm devotes a smaller proportion of its revenue to R&D, its leverage tends to rise; conversely, firms with higher R&D intensity exhibit lower leverage.

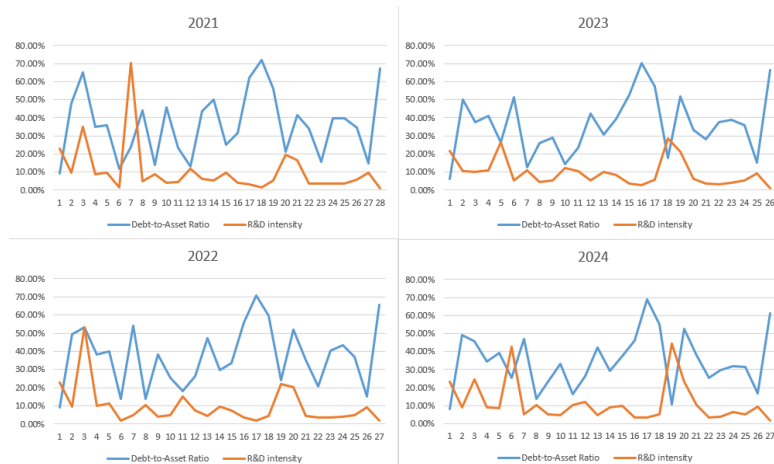


Figure 1. The relationship between Debt-to-Asset and R&D intensity from 2021 to 2024

4.2. R&D intensity and asset utilization

Figure 2 suggests a negative correlation between Total Asset Turnover and R&D intensity. Specifically, a higher proportion of R&D investment to operating revenue is associated with a lower asset turnover ratio. This may be because companies with high R&D intensity are often in the growth stage, where their operating revenue has not yet fully expanded, or their total assets are relatively large, leading to lower turnover efficiency. Conversely, companies with high asset turnover ratios may belong to mature enterprises that prioritize operational efficiency over substantial R&D intensity.

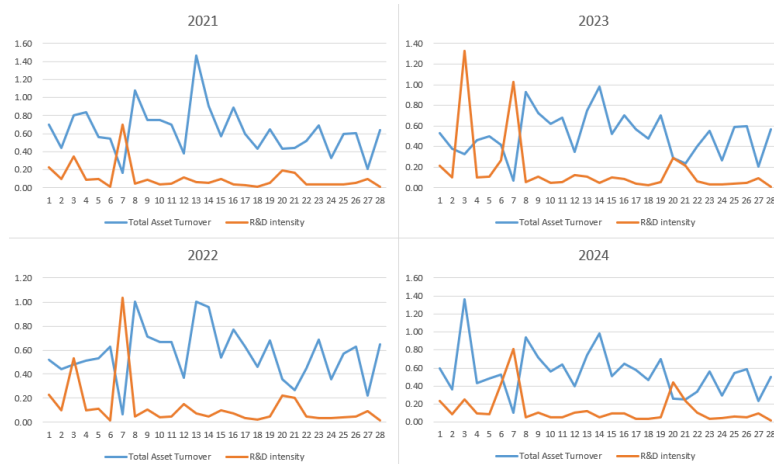


Figure 2. The relationship between Total Asset Turnover and R&D intensity from 2021 to 2024

4.3. R&D intensity and firms profitability

It can be seen in Figure 3 that the ROE of most enterprises with high R&D intensity will decrease or even fall to negative, resulting in a certain amount of losses. Therefore, it can be inferred that the higher the R&D intensity beyond a certain range, the lower the ROE. This observation dovetails with prior findings that R&D initially depresses profits, then enhances them at moderate levels, but ultimately erodes profitability when pushed to excess. It can be roughly speculated that there is a non-linear relationship between R&D intensity and ROE in an inverted U-shape [4].

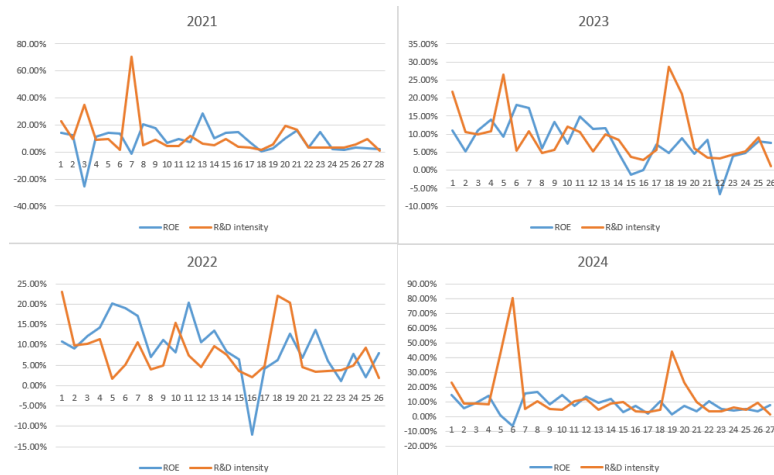


Figure 3. The relationship between ROE and R&D intensity from 2021 to 2024

In general, the findings reveal a consistent developmental pattern for biomedical and pharmaceutical enterprises. When R&D intensity is low, a company's profitability is primarily influenced by its Debt-to-Asset Ratio. As R&D intensity increases, factors such as enterprise scale and business type become critical determinants. For instance, total asset turnover rate largely depends on company size, while different types of enterprises adopt distinct R&D strategies: Innovative biomedical and pharmaceutical firms tend to pursue high R&D intensity, which often reduces ROE (even turning it negative), requiring them to withstand corresponding losses. Generic biomedical and pharmaceutical firms favor low R&D intensity, relying on mature products to maintain stable net profits and higher ROE.

Regardless of strategy, once R&D intensity surpasses a critical threshold, corporate profitability inevitably hits a trough, with ROE declining persistently to near-zero levels. This reflects the inherent trade-off between innovation-driven growth and short-term financial performance in the biopharmaceutical sector.

5. Conclusion

This research partially addresses the gap in studying how sunk costs affect profits in biomedical and pharmaceutical enterprises and provides enterprise-level reference points for investigating the sunk cost effect. It has showed that R&D intensity and Debt-to-Asset Ratio show a reverse trend of change, high R&D intensity and low Total Asset Turnover coexist, there is a nonlinear relationship between R&D intensity and ROE, which is roughly inverted U-shaped. Through the data we can probably get that today's biomedical and pharmaceutical enterprises can be generally divided into two categories: innovative biomedical and pharmaceutical enterprises and generic biomedical and pharmaceutical enterprises, innovative biomedical and pharmaceutical enterprises tend to adopt high-R&D intensity strategy, bear ROE decline or even losses in exchange for the construction of technical barriers, its sunk cost risk is high, but the potential return is huge; Generic biomedical and pharmaceutical enterprises maintain stable cash flow through low R&D intensity, but their profits are not high.

However, the data selection process in this study solely excluded extreme outliers for analysis. The methodology for acquiring data lacks complete scientific rigor. Subsequent research should adopt more appropriate data collection methods to obtain more reasonable datasets for deeper analysis, thereby yielding more detailed and specific findings. Regarding the conclusion that "R&D intensity and ROE exhibit a nonlinear (roughly inverted U-shaped) relationship," this study did not determine the specific inflection point interval of the U-curve. Future studies should bridge these gaps.

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