

# *Long-term Business Sustainability Through Corporate Governance*

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**Abstract:** Effective corporate governance and sustainability practices can help a company build trust with stakeholders, reduce risks, and improve financial performance. They can also help a company demonstrate its commitment to responsible business practices and increase its credibility and transparency. However, companies that fail to address these issues may face reputational damage, financial losses, and regulatory penalties. Thus the role of corporate governance in long-term business sustainability is significant.

The primary objective of this study is to investigate the concept of long-term business sustainability, with particular emphasis placed on the value that organizations bring to their stakeholders and shareholders, mainly through a discussion of the connection between corporate governance.

The study analyses the numerous environmentally responsible business practices that are now in place by developing the findings by conducting a comprehensive literature review. Conclusions were drawn about the relationship between corporate governance and long-term business viability based on the literature review after discussing the result.

**Keywords:** corporate governance, sustainability, long-term business

## 1. Introduction

Corporate governance and sustainability are critical factors that can impact a company's long-term business success. The company uses various processes, systems, and principles in order to successfully direct and manage the company operations, which is known as corporate governance. It includes the structures and processes that a company has in place to make decisions, allocate resources, and ensure accountability. Sustainability, on the other hand, means the potential of every business or organization to operate successfully by meeting the present goals and needs by not compromising the ability of the prospective generation to meet their goals on their own. The purpose of this article is to explore the relationship between corporate governance and sustainability and its impact on the long-term success of a company.

A systemic review of corporate governance and sustainability can help a company identify strengths, weaknesses, and areas for improvement in these areas and can inform its long-term business strategy. Such a review can include an analysis of the company's governance structures and processes, financial performance, environmental and social impacts, and relationships with stakeholders. By conducting a systematic review and implementing any necessary improvements, a company can

ensure that it is operating in a responsible and sustainable manner and is well-positioned for long-term success.

Corporate governance was established to protect shareholder investments against opportunistic managers [1]. Governance is increasingly used to supervise business activities, including their influence on society and the environment. This sustainability feature is typically requested by stakeholders. Sustainability is becoming an intrinsic aspect of organizations' strategies and relationships with value chain partners [2].

Sustainability has changed over time. Until recently, it was widely believed that environmental effect was part of a company's social obligation, with solely legal or even ethical and moral ramifications, but separate from its business strategy and market expectations. Several factors have prompted firms to change their attitude and spend more on sustainability. Sensitivity to the sustainable aims of enterprises, the need to respond to legislative evolution, the need to boost product quality and lower production costs, and improve reputation among consumers.

Not only are corporations and their shareholders benefiting from good corporate governance, but so is the rest of society. Corporations are held accountable to their stakeholders, and as such, there is a belief that good corporate governance and social responsibility go hand in hand. With more attention being paid to ESG problems and CSR, companies are feeling more pressure to strengthen their governance and stakeholder connections. Sustainability is also highlighted for its significance in ensuring the continued success of businesses [3].

Companies are showing a growing interest in "green" practices that reduce their impact on the environment. This can be done by implementing conservation ideas into its goal, culture, and strategic planning, such as decreasing energy and resource consumption, lowering expenses, and decreasing waste. These initiatives can have a beneficial effect on the general public, earn the respect of key stakeholders, and save money, all of which can help businesses break into new markets and gain an edge in the marketplace.

Businesses may feel pressure to adopt more socially responsible attitudes toward sourcing if consumers increasingly value companies with sustainable supply chains, as mentioned in the article. In addition, a company's profit line may benefit from conservation measures since they will attract environmentally conscious workers, shareholders, and customers. Companies may need to reevaluate their corporate governance rules and procedures in light of these changes [3].

The number of literature on the importance of corporate governance and sustainability for long-term business success has been growing significantly. Research has demonstrated that businesses with strong corporate governance manage to have more satisfactory financial performance and are more resilient to risks and challenges. Effective corporate governance can help a company allocate resources efficiently, make informed decisions, and hold leaders accountable for their actions. It can also help a company build trust with stakeholders and enhance its reputation.

Companies that focus on sustainability can better adapt to changing market conditions, reduce their environmental and social impacts, and build long-term relationships with stakeholders. They are also more likely to be perceived as responsible and trustworthy, which can enhance their reputation and financial performance. Evidence suggests that corporate governance and sustainability are interconnected and that a strong focus on both can lead to mutually reinforcing benefits.

Lack of clarity regarding the exact practices and mechanisms that cause the positive correlation between corporate governance and sustainability is a current research gap in the field. This essay seeks to fill that void by performing a thorough literature study and diving into the specific sustainable practices companies are implementing now. Furthermore, this essay aims to expand our knowledge of the relationship between good corporate governance and the long-term viability of businesses. This subject is crucial to examine as it has substantial consequences for the long-term performance and viability of companies and the broader sustainability of the economy and society. By understanding

the specific practices and mechanisms that drive the positive association between corporate governance and sustainability, organizations may better position themselves for long-term success and contribute to the sustainability of the economy and society.

## 2. Literature Review

The paper by Othman, Manab, and Abdul Aziz discusses the importance of sustainability risk management (SRM) and corporate governance in achieving sustainable value for organizations. The study investigates the philosophies and perceptions of SRM concerning corporate governance and suggests that strong corporate governance can be achieved through environmentally responsible business practices. They suggest that the current portfolio theory, shareholder theory, and legitimacy theory are all suitable candidates for the task of elucidating the meaning of SRM. Eight strategies that a firm might implement when confronted with sustainability challenges to reduce sustainability risks [4].

Salvioni and Gennari's paper also focuses on the connection between corporate control, ownership, and sustainability. They argue that sustainability and social responsibility require significant changes to the governance structure, leading to a convergence among the many corporate governance systems in use worldwide. Moreover, Salvioni & Gennari[5] suggest that due to the effect of globalization, the differences among cultures, traditions, spatial differences, information systems, and institutions have become lesser, which resulted in a great understanding of approaches involved in corporate governance standardization.

Ganesan, Hwa, Jaaffar, and Hashim's study examines the link between corporate governance characteristics, sustainability reporting practices, and the moderating effect of the internal audit function. They suggest that there should be continuous improvement in the manufacturing industry in Malaysia to achieve world-class standards [6]. Alhadhrami's study focuses on evaluating and improving financial sustainability within a company by classifying indicators for evaluating financial management and methodical assessment efficiency and assessing the process of the subsystem controller for the economic machinery of innovativeness. The study also looks at the potential stages to improve the company's financial sustainability and identifies possible threats and risks [7].

Ashok Kumar Sar's study examines the impact of corporate governance on sustainability, specifically the link between related party communications, disclosure, shareholder privileges, board structure, sustainability performance and board procedure, economic performance, social equity performance, and environmental performance. The study finds that disclosure features significantly impact financial outcomes, and maintaining shareholder rights has a minor negative effect on economic performance. The author suggests that several high-level executives in the company were found to have a strong understanding of sustainability performance but that these skills may need to be refined or modified in order to align with specific industry practices. The author also mentions that further research could focus on the relationship between corporate governance and sustainable performance in specific industries [8].

Scherer and Voegtlin's study aims to advance the accountable innovation paradigm and explore the constraints of various corporate governance systems concerning responsible innovation. They provide examples of novel approaches and suggest that active involvement in governance is crucial for an organization's legitimacy, efficiency, and overall legitimacy. They argue that corporate governance should also consider the tensions that come with responsible innovation. Furthermore, they discover that they have described the situation by encouraging inventions that are not harmful to society and, ideally, help society. According to Scherer and Voegtlin, active involvement in governance is crucial for an organization's legitimacy, efficiency, and overall legitimacy [9].

The studies discussed in this text focus on the relationship between corporate governance and sustainability. The study by Kocmanová et al. [10] proposes a method for assessing the significance

of sustainable development by quantifying the influence of communal, environmental, and corporate governance on the formation of value conception. The study suggests that including environmental, social, and governance (ESG) variables allows for a broader view of the organization and enables a more in-depth understanding of its advantages and disadvantages.

Gennari, Salvioni, and Bosetti studied the convergence of corporate governance systems and sustainability, they found that the five environmentally conscious businesses they learned tried to strike a balance in their decision-making processes between the valid claims of various stakeholders, and there was no discernible difference between the outsider and insider systems. They suggest that the convergence of sustainability and corporate governance systems could reduce the differences between insider and outsider systems and help ensure transparent and efficient global competitiveness [11].

Mahmood et al. [12] study the influence of corporate governance on multiple aspects of sustainability, such as environmental, social, and economic sustainability developments and revelations. They found that a board with a large size, a CSR team, and a female manager is more effective at overseeing and controlling management decisions related to sustainability. They suggest that CSR committees should be required as an essential part of sustainability governance and that women's participation on boards of directors needs to be increased. In their study, Vahdati, Zulkifli, and Zakaria [13] perform a systematic review of the previous research on corporate governance and sustainability and discuss potential future research directions in this field.

The studies discussed in this text focus on the relationship between corporate governance, sustainability, and financial performance. Krechovská and Procházková [14], in their research paper, discuss the need for change in understanding sustainability and the importance of incorporating it into company administration. They argue that sustainable corporate governance should be prioritized over other classifications and that for sustainability to be effectively integrated, it must be present throughout the organization. Nobanee and Ellili in their study using the annual data of the banks working in the UAE's financial market from 2003 to 2013 [15], reveal that the majority of banks participating in the UAE financial markets provide inadequate information regarding their sustainability practices and that conventional banks disclose more information about their corporate sustainability initiatives than Islamic banks, but it does not significantly impact their performance.

Alshehhi et al. review the existing research on the effect of corporate sustainability on the financial performance of corporations and suggest that more study is needed to simplify convergence in the understanding of the connection between sustainable business practices and the financial success of corporations [16]. Finally, Alia Mohammed Almansoori's paper argues that sustainable business practices within an organization can lead to economic growth and better decision-making concerning the cost of capital, investment return expectations, capital budgeting, and working capital management and suggests that corporate sustainability reporting is a relevant and essential subject in current financial and economic systems [17].

All of the studies that are discussed in this book look at how good business management can improve environmental performance. First, they look into how people view sustainability risk management (SRM) and offer that ecologically sound business practices are the key to good corporate governance. Research indicates that the modern portfolio theory, the shareholder theory, and the legitimacy theory are all viable options for explaining SRM. They further argue that globalization has significantly impacted corporate governance standardization by reducing cultural, traditional, geographical, informational, and institutional distinctions. Furthermore, these studies show that the manufacturing sector should strive for constant development to attain world-class standards and that active involvement in governance is critical for an organization's legitimacy, efficiency, and overall legitimacy.

### 3. Results

What is meant by "corporate governance" is the establishment of norms and practices inside an organization that promote honest and open communication between all levels of management and the general public. It entails striking a fair and equitable balance of authority and responsibility among many constituencies, including investors, directors, managers, and staff. With the right corporate governance processes in place, a business has a better chance of reaching its long-term goals and staying in business for the foreseeable future [18][5][4].

For a company to succeed over the long term, it must adhere to a set of corporate governance principles. For example:

- **Independence and board composition:** Corporate governance relies heavily on the board of directors' ability to oversee executive actions and make long-term choices. It's crucial that the board be made up of people from different backgrounds who aren't tied to any one set of stakeholders. By maintaining its independence, the board can better serve the interests of the corporation and its constituents.

- **Transparency and Accountability:** Corporate governance principles that encourage accountability and openness can aid in gaining stakeholders' trust and confidence. This entails setting up reliable channels of communication and providing up-to-date information at all times. It's also important for businesses to establish channels for handling customer complaints and other feedback [18][5][4].

- **Compliance and ethics:** Ethical conduct is essential to a company's long-term viability since it ensures that it is behaving in an ethical and socially responsible way. Establishing means for monitoring and enforcing compliance with established codes of conduct and ethical principles is essential for any business.

- **Risk management:** Managing potential threats to a company's operations and long-term viability is an important part of good corporate governance standards. The creation of backup plans and other safeguards to lessen the impact of any unforeseen problems are part of this process.

- **Stakeholder engagement:** Effective corporate governance processes should involve engaging all stakeholders, including shareholders, employees, consumers, and the community. In this way, the organization may better anticipate the demands of its stakeholders and address their problems over time.

The relationship between sustainability and corporate governance has been the subject of a significant number of studies, and the findings of these studies generally suggest that sustainability and corporate governance are closely related and can have a significant impact on the long-term success of a company.

Research on sustainability and corporate governance has produced findings that imply that these two aspects are dependent on one another and have the potential to have a synergistic effect on the long-term success of an organization. Therefore, companies can help to ensure their long-term viability and contribute to the well-being of society as a whole by adopting principles of good corporate governance and focusing on sustainability [18][5][4].

### 4. Discussion

Effective corporate governance procedures have been linked in multiple studies to the survival of businesses over the long run. Strong corporate governance practices, such as board independence and effective communication with stakeholders, have been linked to improved financial performance and long-term sustainability, as demonstrated by research by, among others, Fombrun et al. [19]. In a similar vein, most the literature that has been reviewed shows a positive correlation between corporate governance and long-term business sustainability.

Various studies have investigated the importance of good corporate governance procedures in maintaining successful businesses throughout time. The practice of having a diverse and autonomous board is one example. Companies with diverse and independent boards were shown to have a longer-term focus and be more sustainable in a study conducted by Kocoglu et al. [20]. This is because boards that are both diverse and independent may better ensure that long-term sustainability is considered by considering competing viewpoints and are less susceptible to influence by management.

Assuring that a company is managed and run in a way that is transparent, fair, and accountable is a vital part of corporate governance, which in turn contributes to a firm's long-term viability. Generally, it falls to the board of directors to ensure that the company's management is following the board's long-term strategic objectives. The board must also watch out for the company's legal compliance and make sure it is serving the needs of its many constituencies (shareholders, workers, customers, and the public at large).

Another factor in corporate governance is the makeup of the company's shareholders. All key business acts, including the appointment of top executives and the approval of big transactions, must be approved by shareholders, who also have the ability to vote on the election of the board of directors. Another critical part of corporate governance is the regulatory and legal environment. Multiple laws and regulations govern business practices and mandate that companies make certain disclosures to the public. Companies are held to a higher standard of openness and accountability to their stakeholders due to these rules and regulations.

The connection between good corporate governance and a company's ability to last the long haul is the subject of an ever-expanding body of research. Good corporate governance has been linked in numerous academic studies to a company's potential to succeed over the long run. According to Eljido-Ten [21], businesses that practice good corporate governance are more likely to think strategically and take into account the needs of all relevant parties.

While there is widespread consensus among governance professionals, they have yet to agree on a single metric for evaluating effective corporate governance; therefore, the field is still actively debating the issue. Companies still have work to do in terms of structuring their reporting on governance, CSR, and ESG, despite the fact that ESG disclosures are becoming more prevalent and that there are frameworks for monitoring and measuring corporate governance.

The concepts of good corporate governance are being refined and improved as part of the search for corporate sustainability, and as a result, businesses are feeling increased pressure to disclose and promote their efforts in this area. Public knowledge of the connection between corporate governance and enhanced sustainability will be increased through transparency initiatives. If stakeholders are educated on the link between good corporate governance and long-term viability, that link will become more obvious [3].

## 5. Conclusions

Good corporate governance is essential for a company's continued success. It entails keeping everyone happy by maintaining open communication and holding the company's leaders accountable for their actions. Because it encourages efficiency, innovation, and accountability, strong corporate governance is associated with better financial performance.

In conclusion, the proposal is that it is strongly suggested that businesses should ensure that their sustainability programs are disclosed, as this might result in increased brand loyalty [17]. The topic of Corporate Governance and Long-term business Sustainability is investigated in this paper and found a positive correlation between the two. The study also focuses on striking a healthy balance between the interests of various stakeholders in a company and those of its shareholders.

In particular, the paper discusses the connection between corporate governance and sustainability by looking at the various sustainable practices already in use by corporations. Based on the findings

of the comprehensive review of the relevant literature. This study provides more incredible acquaintance of the connection between responsible corporate governance and environmental preservation. There have been many investigations and studies conducted over the course of time looking into the link between the various aspects of a sustainable environment.

It is clear evidence that there are a great many advantages that are directly tied to the accomplishments of the company and its continued viability. Therefore, it would appear to be self-evident that there ought to be some consideration devoted to the concept of sustainability within the framework of corporate governance of a corporation. After reviewing a company's corporate governance practices, it is important to examine the specific sustainability-related information that is addressed within those practices.

Good corporate governance should specifically address each of the four components of sustainability rather than just addressing sustainability in a general sense. This is something that can be anticipated. A good governance system will eventually embrace sustainability, create sustainable ideals, and assist businesses in realizing their values. Also, to realize the long-term benefits, which include lowering risks, attracting new shareholders and investors, and developing equity in the company.

In conclusion, the connection between respectable sustainability and corporate governance is merely one component of the expansion of corporate businesses. Companies are better able to weather the inevitable ups and downs of the market when they have good governance in place. It is possible that one day in the not-too-distant future, approaches to sustainability may be deemed best practices. This article emphasizes the value of sound corporate governance in ensuring a company's continued success. It looks at how sustainable business practices may help a company's bottom line and how good corporate governance can contribute to those goals. More importantly, the report advises businesses on how to improve their long-term viability and profitability by examining their corporate governance processes and addressing each component of sustainability.

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