

# ***Enhancing English Language Review Sessions with Concept Mapping: A Junior Middle School Study***

**Yeqin Guo<sup>1,a,\*</sup>**

*<sup>1</sup>Shanxi Normal University, Shanxi, China*

*a. 2482516799@qq.com*

*\*corresponding author*

**Abstract:** This study delves into the effectiveness of concept mapping as a pedagogical tool in the context of junior middle school English education. It contrasts the traditional review methods commonly employed in the classroom with innovative, visual learning strategies, specifically focusing on the use of concept maps. Through a carefully structured quasi-experimental design, the research was conducted across two parallel classes, enabling a controlled comparison between traditional teaching methodologies and the concept mapping approach. The primary aim was to assess the impact of concept mapping on students' academic performance, particularly in areas such as vocabulary acquisition, grammar understanding, and text comprehension skills. Additionally, the study sought to evaluate how concept mapping influences student engagement and enthusiasm for learning English. The findings from this research are quite revealing, demonstrating that students exposed to concept mapping showed significant improvements not only in their academic performance but also in their overall engagement with the learning material. These improvements were observed across multiple dimensions of language learning, including enhanced vocabulary retention, a deeper understanding of grammatical structures, and improved ability to comprehend and analyze texts. Such outcomes suggest that concept mapping, as a visual learning tool, can play a transformative role in educational practices, especially in the context of language learning. By leveraging the visual and interactive nature of concept maps, educators can create more dynamic and effective review sessions. This approach not only facilitates a deeper understanding of the material but also promotes greater retention of the English language among junior middle school students. The study underscores the potential of integrating visual learning strategies into traditional educational paradigms, offering a compelling case for the adoption of concept mapping as a standard practice in English language teaching and learning.

**Keywords:** Concept Mapping, English Learning, Junior Middle School, Educational Strategies

## **1. Introduction**

In the evolving landscape of junior middle school education, the effectiveness of review strategies in English learning has emerged as a pivotal area of inquiry. Traditional review methods, often characterized by rote memorization and passive student participation, have increasingly been scrutinized for their inability to foster meaningful learning experiences and sustained academic

engagement. This paper posits that innovative pedagogical approaches, specifically concept mapping, can revolutionize review sessions by enhancing students' cognitive engagement and retention of material. Concept mapping, a visual representation of knowledge, facilitates the organization and integration of new information with existing cognitive structures, thereby promoting deeper understanding and recall. The premise of this study stems from the theoretical foundations laid by Ausubel's Meaningful Learning Theory, which advocates for the integration of new knowledge into the learner's existing framework of concepts. This approach is particularly pertinent in the context of language learning, where the ability to connect new vocabulary and grammatical structures with previously acquired knowledge is crucial for proficiency development. The objective of this research is to empirically investigate the efficacy of concept mapping as a review strategy in junior middle school English classes [1]. By comparing the academic performance and engagement levels of students exposed to concept mapping with those adhering to traditional review methods, this study aims to provide concrete evidence of the pedagogical benefits of this innovative strategy. Furthermore, this investigation seeks to contribute to the broader educational discourse on effective learning strategies, offering practical insights for educators striving to enhance review efficiency and foster a more engaging and productive learning environment.

## **2. Theoretical Framework**

### **2.1. Ausubel's Meaningful Learning Theory**

Ausubel's Meaningful Learning Theory suggests that learning is most effective when new material is conceptually and substantively linked to the learner's existing knowledge base. This dissertation applies this theory to the use of concept mapping in reviewing English vocabulary, grammar, and texts, demonstrating how this strategy facilitates the meaningful learning process [2]. By visually organizing and connecting new information with already known concepts, concept mapping encourages learners to integrate and internalize new knowledge, thereby enhancing their understanding and retention of English language components.

### **2.2. Constructivism Learning Theory**

The Constructivism Learning Theory posits that learners construct new knowledge by actively engaging with their environment and integrating new experiences with existing cognitive structures. In the context of this study, concept mapping serves as a tool that embodies constructivist principles by enabling students to actively participate in the learning process. Through the creation and manipulation of concept maps, learners actively construct their knowledge of English vocabulary and grammar, fostering a deeper and more personalized understanding of the language.

### **2.3. Knowledge Visualization Theory**

Knowledge Visualization Theory emphasizes the importance of visual aids in enhancing comprehension and retention of information. This dissertation highlights how concept mapping, as a form of knowledge visualization, significantly aids in the learning and review of English language materials. By visually representing relationships between concepts, concept mapping helps learners to better grasp complex information, making it easier to remember and apply [3]. This visual representation aligns with the dual coding theory, suggesting that information is more readily recalled when presented both verbally and visually, thereby optimizing the learning process.

### 3. Methodological Approach

#### 3.1. Study Design

The research implemented a quasi-experimental design with two parallel classes from Tangcheng Middle School, selecting Class 99 as the experimental group and Class 100 as the control group. The selection was based on their parallel status to minimize pre-existing academic performance differences. Before the intervention, a preliminary questionnaire was distributed to assess students' review strategies, revealing a lack of structured review strategies among the students.

The intervention involved applying concept mapping strategies in the review sessions of the experimental group for one term, contrasting with the traditional review methods used in the control group. The concept mapping covered reviewing vocabularies, grammars, and texts, aiming to explore an effective review strategy. This design facilitated a controlled comparison of the impact of concept mapping on students' academic performance and engagement.

#### 3.2. Data Collection Methods

**Questionnaires:** Two sets of questionnaires were administered before and after the intervention to both classes. The initial questionnaire aimed to understand students' existing review strategies and their attitudes towards English learning. The follow-up questionnaire assessed changes in review strategies and attitudes, providing qualitative data on the intervention's effectiveness.

**Interviews:** Students from the experimental group were interviewed after the term to collect qualitative data on their experiences with concept mapping. These interviews sought to understand students' perceptions of the usefulness of concept mapping in their review process, including any changes in their engagement and learning strategies [4].

**Observations:** The researcher conducted observations throughout the term, noting changes in students' engagement and participation in review sessions. These observations offered insights into the immediate effects of concept mapping on student behavior and classroom dynamics.

**Tests:** Pre- and post-tests were conducted to quantitatively measure the impact of concept mapping on students' English academic performance. These tests included components on vocabulary, grammar, and reading comprehension to evaluate improvements in English proficiency comprehensively.

### 4. Analysis of Results

#### 4.1. Quantitative Findings

The statistical analysis of the study's results, processed through SPSS 19.0, highlights the significant impact of concept mapping on student performance and engagement. Initially, both Class 99 (Experimental Class, EC) and Class 100 (Control Class, CC) displayed comparable English proficiency levels, as evidenced by the pre-test scores. As shown in F

Specifically, the mid-term and final exam results serve as critical indicators of the students' academic performance. The mean score of the EC notably surpassed that of the CC in both tests, as shown in Table 1, with the final exam showing a more pronounced difference, indicating a sustained and incremental benefit of concept mapping [5]. This improvement aligns with the hypothesis that concept mapping, as an active learning strategy, significantly enhances students' recall, understanding, and application of English vocabulary, grammar, and text comprehension.

Table 1: Questionnaire results

Item	1	2	3	4	5	Number	Mean
1	35	38	2	4	2	81	1.85
2	31	40	9	1	0	81	1.84
3	30	39	6	5	1	81	1.98
4	32	35	5	4	4	81	2.02
5	33	32	7	6	3	81	2.08
6	45	22	10	1	3	81	1.77
7	38	28	8	4	3	81	1.95
8	41	22	2	4	2	81	1.43
9	38	30	5	6	2	81	1.92
10	39	28	5	5	4	81	1.97
11	38	27	5	6	5	81	2.07
12	41	25	4	7	4	81	1.98
13	31	35	5	7	3	81	2.11
14	34	36	9	1	1	81	1.84
15	42	28	5	2	4	81	1.82
16	41	25	4	7	4	81	1.98
17	39	27	4	6	4	81	1.95
18	32	32	6	7	4	81	2.16
19	44	31	1	4	1	81	1.64
20	45	28	6	1	1	81	1.61
21	29	38	7	5	2	81	2.07

## 4.2. Qualitative Insights

The qualitative analysis, derived from interviews and classroom observations, provides a deeper understanding of concept mapping's influence on students' learning experiences and perceptions. Students in the EC reported a heightened ability to memorize and understand complex English structures, attributing this improvement to the visual and interconnected nature of concept maps. They expressed a newfound enthusiasm for English learning, crediting the strategy for making review sessions more engaging and effective.

Interview responses highlighted several key benefits of concept mapping: enhanced memory retention, improved text comprehension, and a more organized approach to grammar. For instance, one student noted the strategy's role in efficiently memorizing vocabulary related to common themes, such as stationery and fruits, by visually linking them. Another student appreciated the ability to grasp the overall structure of texts and recall articles more confidently. Similarly, grammar reviews through concept mapping led to a clearer understanding of rules and applications, facilitating a stronger grasp of language mechanics.

Classroom observations corroborated these findings, revealing a visible shift in students' attitudes towards English learning. Initially hesitant, students gradually embraced concept mapping, actively participating in its application to various linguistic elements. This engagement was evident in their collaborative efforts during class activities, enthusiasm in presenting their concept maps, and the creative application of the strategy to homework assignments.

## **5. Implications for Teaching Practice**

### **5.1. Practical Application: Integrating Concept Mapping into Review Sessions**

Integrating concept mapping into review sessions can significantly enhance learning efficiency by encouraging students to visually organize and understand the relationships between new and existing knowledge. This method proved effective in improving English vocabulary, grammar, and text comprehension among junior middle school students. Practical applications involved several innovative strategies:

**Grammar Understanding:** Concept maps were used to illustrate grammatical structures, helping students visualize the relationships between different grammar rules. For example, maps were designed to demonstrate verb conjugations, tense usage, and the transformation of nouns from singular to plural forms. This visual representation simplified complex grammatical concepts, making them easier to grasp and remember.

**Text Comprehension:** For text review, concept maps helped students outline the main ideas, characters, and plot developments in a story or article [6]. By mapping out the text structure, students could better understand the narrative flow and how different elements of the text were interconnected, leading to improved comprehension and recall of material.

### **5.2. Strategies for Implementation: Guidelines for Educators**

Educators looking to adopt concept mapping strategies in their curriculum can follow these detailed steps for effective implementation:

**Initial Training:** Introduce the concept of concept mapping to students with a clear explanation of its benefits and a demonstration of how to create a map. This foundational step is crucial for setting the stage for student participation and enthusiasm.

**Guided Practice with Feedback:** Start with guided concept mapping sessions where students create maps with teacher assistance. Offer constructive feedback to help students refine their mapping skills and encourage independent thinking.

**Diverse Mapping Techniques:** Teach students various concept mapping techniques tailored to different types of content (e.g., vocabulary, grammar, texts). This variety keeps students engaged and allows them to apply the most effective mapping strategy for each learning task.

**Encourage Independent Practice:** Gradually encourage students to create concept maps independently. **Incorporate Technology:** Utilize digital tools and software for concept mapping to enhance student engagement and provide a modern approach to learning. Digital maps can be easily edited and shared, facilitating collaborative learning.

**Continuous Application and Reflection:** Integrate concept mapping into regular review sessions and encourage students to reflect on their learning process. Discuss how concept mapping has impacted their understanding and retention of the material.

By following these strategies, educators can effectively integrate concept mapping into their teaching practices, providing a dynamic and interactive learning experience that enhances student engagement, understanding, and memory retention.

## **6. Future Research Directions**

### **6.1. Practical Application**

The practical application of concept mapping in junior middle school English review sessions demonstrates a significant enhancement in learning outcomes. Specifically, the study showed that students who utilized concept mapping for reviewing vocabulary, grammar, and texts not only

improved their academic scores but also displayed a marked increase in learning initiative and engagement. Teachers can leverage concept mapping to encourage active learning and critical thinking among students. By integrating concept maps into review sessions, educators can help students visually organize and link new information with existing knowledge, thereby fostering a deeper understanding of English language concepts.

## 6.2. Strategies for Implementation

**Introduction and Training:** Begin with an introductory session on concept mapping, explaining its benefits and demonstrating how to create a concept map. Use examples relevant to the English curriculum to illustrate the process.

**Integration into Curriculum:** Incorporate concept mapping into regular review activities. Assign concept mapping as part of homework or group activities, focusing on various aspects of the English language, such as vocabulary clusters, grammatical structures, and text comprehension.

**Continuous Support and Feedback:** Provide continuous guidance and constructive feedback on students' concept maps. Encourage creativity and individual approach, while ensuring that the maps accurately represent the connections between concepts.

**Assessment and Reflection:** Use concept maps as an assessment tool to gauge students' understanding and retention of the material. Encourage students to reflect on their learning process and the effectiveness of concept mapping in enhancing their review sessions.

**Technology Integration:** Utilize digital tools and software designed for concept mapping to facilitate the creation and sharing of concept maps. This can also enable collaborative learning experiences, allowing students to work together on complex maps.

## 7. Conclusion

The implementation of concept mapping in junior middle school English review sessions has demonstrated a substantial improvement in students' academic performance and engagement. This study highlights concept mapping's role in facilitating a deeper understanding of vocabulary, grammar, and texts, thereby enhancing the overall learning experience. The findings suggest that moving away from traditional rote memorization to more dynamic, visual learning strategies can significantly benefit language learning. Educators are encouraged to adopt concept mapping to promote active learning, critical thinking, and meaningful engagement in their teaching practices. Future research should explore the broader applicability of concept mapping across subjects and educational levels to further validate its effectiveness in diverse learning environments.

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