

# ***The Impact of Functional Load on the English Pronunciation Instruction***

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**Abstract:** In China, the English pronunciation instruction is increasingly emphasized and plays a more and more significant role. Almost all students desire authentic and native-like English pronunciation, close to the level of native speakers, or want to be able to communicate freely with foreigners in English. However, due to environmental constraints, students have limited classroom time yet expect effective learning outcomes. Hence, the concept of Functional Load can be leveraged in English teaching to achieve more efficient results. Functional load in English phonetic teaching emphasizes prioritizing phonemes that distinguish a large number of words in the language. A focus on phonemes with a high functional load can significantly enhance the effectiveness of pronunciation instruction. This approach enables learners to rapidly acquire the phonemes that are most critical to communication, thereby improving their overall speaking ability and reducing potential misunderstandings. Through the employment of quantitative research method, comparative analysis and literature method, this paper focuses on analyzing the impact of functional load on the teaching of English phonetics, so as to provide suggestions and methods for improving the teaching of English pronunciation. In essence, functional load can serve to inform educators of the phonemic distinctions that are of paramount importance for learners to master at an early stage, ensuring that teaching efforts are both highly effective and directly impactful on learners' communication skills.

**Keywords:** Functional Load, Pronunciation Teaching, The Natural Approach, English as a Second Language (ESL)

## **1. Introduction**

Given the constraints of classroom time among students in China, there is a pressing need for efficient knowledge acquisition and practical application. In addition, functional load is rarely used for teaching English pronunciation in Chinese English teaching at present, and there are not many suggestions specifically for the Chinese-English linguistic context. This paper suggests that in naturalistic teaching methods, prioritizing high functional load (FL) is the key to truly mastering and flexibly utilizing knowledge within a limited time frame. This approach aims to maximize the educational impact by focusing on the most crucial linguistic elements, enhancing both the efficiency and effectiveness of language learning. This paper is useful for Chinese students learning English pronunciation in Chinese-English context. By applying the concept of functional load, it establishes

an order of study that can more effectively enhance understanding of English and improve pronunciation. To analyze the impact of functional load on English pronunciation instruction, Chapter 2 introduces the concept of functional load and analyzes its role in English phonetic teaching. Through a review of the literature, it identifies which phonemes in English have a high functional load and examines their impact on accent and comprehensibility. Chapter 3 describes the research methods employed in this paper. Chapter 4 primarily explores the influence of functional load on English phonetic instruction, discussing the focus and sequence of teaching, the goals to be achieved by the students, the correction of erroneous pronunciations, and teacher assessments. Finally, the conclusion of this study is presented in Chapter 5.

## 2. Overview of Functional Load Theory

The concept of functional load in linguistics, particularly in phonology, refers to the significance of phonemic distinctions in differentiating meanings within a language. Originating from the work of the Prague School and linguists like André Martinet, functional load assesses how crucial the phoneme is, in meaning differentiation among the lexicon [1]. When altered high functional load, phonemes change many words' meaning, making them clearly in communication.

Functional load can be distinguished by the number of minimal pairs. Although modern approaches also consider factors such as frequency word and contextual usage. It enhances the depth and applicability of this measure [2]. For example, in English, vowels often carry a high functional load as they distinguish many sets of words like “pin” and “pen” and “pan”. While, some phonemic distinctions, such as the voiced and voiceless “th” sounds in English, have a lower functional load because fewer words rely on this distinction to differentiate meaning.

In phonetic teaching, particularly in English as a Second Language (ESL) settings, understanding functional load can help educators prioritize which phonemic distinctions to teach [3]. This prioritization is based on the impact of these distinctions on comprehensibility and the learners' ability to make themselves understood. Thus, teaching efforts can be more strategically directed towards phonemes that will most improve learners' communicative effectiveness. The concept also plays a crucial role in predicting and understanding phonological changes within languages over time. Phonemes with lower functional loads are more likely to merge and alter in languages evolve, it also reflects their lesser role in maintaining lexical distinction [4].

## 3. Methodology

This approach involves conducting a literature review to address the research question: “How does functional load impact English pronunciation teaching strategies?” This question explores the extent to which phonemic importance influences educational practices.

The literature review will systematically examine published studies and theoretical papers from databases such as JSTOR, Google Scholar, and academic libraries. The selection criteria for materials will include relevance to phonetics, functional load theory, and language instruction efficacy. The review will aim to synthesize findings from diverse sources to outline prevailing trends, identify gaps in current knowledge, and suggest potential areas for further investigation.

The method will involve categorizing the collected data into thematic areas such as theoretical underpinnings of functional load, empirical studies on pronunciation correction. Each category will be critically analyzed to draw comprehensive insights into how functional load considerations can enhance pronunciation teaching. The outcome of this literature review will provide a grounded understanding of the topic, supporting or refuting hypotheses about the impact of functional load on language teaching methodologies. This process ensures that the research is rooted in existing

knowledge while contributing new perspectives to the academic discussion on language learning and teaching.

## 4. The Impact of Functional Load

### 4.1. Teaching Priorities

In modern Chinese education there is a strong emphasis on learning accurate pronunciation, where students aim to speak English without a Chinese accent, and parents are keen on native English teachers and bilingual education from kindergarten onwards in order to develop their children's sense of English language and immerse them in an English-speaking environment. This societal backdrop demands that teachers need to achieve the best educational outcomes in the least amount of time. Given the limited time and the vast amount of knowledge to cover, educators face significant challenges. This requirement resembles the theory of functional load. In other words, more suitable teaching methods could be provided for Chinese students by analyzing the impact of functional load theory on spoken English [5].

Understanding which phonemes carry high functional load helps teachers determine their teaching priorities. Phonemes with a higher functional load are more important to distinguish the language meanings. Therefore, teachers can decide the sequence of phonemes in order to enhance students' understanding and communication skills [1]. Analyzing the influence of high and low functional load in English phonetics, it provides insights into optimizing teaching strategies for Chinese students learning English. High FL phonemes, such as /p/ and /b/, /t/ and /d/, /s/ and /ʃ/, /f/ and /v/, and vowel differences like /ɪ/ and /i:/, significantly affect the meaning of words when mispronounced. Prioritizing the learning of high FL phonemes can accelerate students' mastery of English pronunciation, enhancing their ability to communicate effectively and be understood more clearly.

By contrast, low FL phonemes such as /z/ versus /ʒ/, /θ/ versus /ð/, /ŋ/ versus /ŋɡ/, variations in /h/ pronunciation, and light versus dark /l/ have minimal impact on meaning and are less likely to cause confusion [6,7]. These distinctions, while phonologically interesting, are generally less critical for effective communication, especially for ESL learners, as contextual cues often clarify meaning even if these sounds are not pronounced distinctly.

Focusing educational efforts on high FL phonemes is essential given the limited classroom time and the vast amount of knowledge is covered. By focusing on the functional load of phonemes, educators can significantly improve the efficiency and effectiveness of English language instruction, particularly in a Chinese-English bilingual context. This targeted approach ensures that students not only learn English more quickly but also use it more confidently in real-world situations.

### 4.2. The Goals to be Achieved by the Students

For the design of pronunciation programs, the inclusion of high-function-loading phonemes can make the program more effective. Focusing on these key phonemes helps students master the basic pronunciation rules of English more quickly, facilitating better communication. Understanding functional load helps educators design classroom activities to focus on phonemes that are critical to comprehension and communication. Students expect to be able to speak authentic English, to communicate fluently with English speakers, to excel in exams, and so on. A mispronunciation of these phonemes can then lead to major misunderstandings. Mastering the differences between /p/ and /b/ or /ɛ/ and /æ/ will facilitate the differentiation between words such as “pat” and “bat” or “bet” and “bat”.

The variety of student goals, ranging from achieving fluency comparable to that of native speakers to excelling in listening and speaking tests, calls for adaptive teaching methods. Educators should draw on Confucian philosophy, particularly its advocacy of “teaching according to the ability of the

student,” to customize pronunciation exercises for students. This approach implies that all students should not be held to a uniform standard, but should be taught according to their specific needs and goals. In the course of practice, the following points need to be noted:

The first is diagnostic assessment to identify each student's pronunciation difficulties; the second is targeted practice focusing on high-function-load phonemes that are relevant to each student's goals; and the last is contextual practice, which integrates these phonemes into meaningful communication scenarios, thus helping students to go beyond rote memorization.

For students who are focused on test success, teachers can incorporate phonemes that frequently appear in test settings and provide strategies for recognizing these sounds under exam conditions. Such strategies not only ensure that students learn English pronunciation, but also that they use these skills to directly impact their personal goals.

In conclusion, the impact of functional load on the teaching of spoken English necessitates an individualized approach to pronunciation instruction. By focusing on phonemes with high functional load, educators can significantly enhance students' ability to communicate effectively and meet their specific learning goals. This tailored approach supports more effective learning outcomes, catering to the diverse needs and aspirations of students, and aligns well with traditional educational philosophies that advocate for personalized education.

### 4.3. Pronunciation Correction

During pronunciation practice, teachers can decide which pronunciation errors to correct first based on the functional load of the phonemes. This approach not only improves teaching efficiency but also avoids excessive corrections that could lead to student frustration. It is essential to explore the impact of functional load on error correction in English oral instruction, particularly focusing on the strategic prioritization of errors that carry a high functional load. This prioritization is essential because errors in high functional load phonemes can lead severe misunderstandings due to their significant role in distinguishing between different words in English.

In teaching English pronunciation, when high functional load phonemes are mispronounced, they can alter the meaning of words totally and lead confusion. For example, mixing up /b/ and /p/ in words like “bat” and “pat”, which may change meanings entirely, potentially leading to communication breakdowns. As the number of these high functional load errors increases, the comprehensibility of the spoken language decreases correspondingly. This is because each error adds another layer of ambiguity, making it increasingly difficult for listeners to decode the intended message. Correcting high functional load errors should be a priority in English oral instruction. Teachers need to focus on these phonemes during pronunciation exercises, providing clear models and ample practice opportunities. Therefore, teachers should focus on correcting high functional load errors first to prevent students from developing entrenched. Incorrect pronunciation habits are difficult to correct.

Conversely, phonemes with a low functional load are less likely to cause misunderstanding when mispronounced. This is because they do not effectively change the meaning of words. For instance, the dark /l/ and light /l/ rarely affect understanding [8]. Teachers should correct these errors without disrupting the flow of communication, ensuring that corrections are made in a timely manner but with sensitivity to maintaining student confidence [4]. It is unnecessary to overemphasize these less impactful errors at the expense of fluency or student self-esteem.

Effective teaching involves balancing the need to correct with the need to build confidence. In dealing with low functional load errors, educators might initially allow minor mispronunciations to pass during more fluent speech activities, gradually addressing these issues as students become more comfortable and confident in their language abilities. This approach helps to avoid discouragement

and fosters a positive learning environment, while still guiding students towards accurate pronunciation over time.

In summary, the strategic approach to correcting phonemic errors based on their functional load, which can significantly enhance the effectiveness of English oral instruction. By focusing on high functional load errors, teachers can prevent misunderstandings and help students develop accurate pronunciation habits. Meanwhile, managing corrections of low functional load errors carefully, teachers can improve pronunciation without undermining student confidence. This approach not only improves learning outcomes but supports a positive and encouraging learning atmosphere.

#### 4.4. Assessment and Testing

Functional load, which measures the extent to which a change in phonemes affects the meaning of words in a language, is crucial in determining what should be emphasized in teaching and testing oral English skills. High functional load phonemes are essential because their incorrect pronunciation can lead to misunderstandings due to changes in word meanings. Therefore, these phonemes are critical in oral English exams.

Educators must prioritize high functional load phonemes in their teaching. It ensures students learn how to pronounce these sounds accurately, which is crucial for effective communication. For instance, phonemes like /p/ and /b/ in “pat” vs. “bat” or /i:/ and /ɪ/ in “sheep” vs. “ship” carry high functional loads. Mispronunciations of these sounds could entirely change the intended meanings of words [9].

Exams should be designed to assess a student's ability to correctly pronounce high functional load phonemes. It is useful to evaluate their practical communication skills more effectively. For example, test questions involve distinguishing between minimal pairs or using words in context to ensure the pronunciation. It is not only correct but also contextually appropriate. In the practice, this approach requires teachers to adjust their instructional strategies, focusing more on drills, pronunciation practice, and contextual usage of high functional load phonemes. Moreover, during oral exams, students should be specifically tested on these critical phonemes to evaluate their proficiency accurately.

In conclusion, the analysis of functional load in oral English teaching for exams shows that a focus on high functional load phonemes enhances both teaching strategies and assessment methods. By emphasizing these critical phonemes, educators can significantly improve students' pronunciation skills, thereby boosting their overall communicative competence. The targeted approach ensures that students are better prepared for practical communication challenges in real-world settings, making their learning more applicable and impactful.

#### 5. Conclusion

The analysis of functional load in English pronunciation teaching demonstrates that errors involving high functional load phonemes significantly impair comprehension. More frequent errors correlate with greater difficulties in understanding spoken English, underscoring the need for prioritizing the correction of high functional load errors in language education. This prioritization is crucial for effective communication, particularly for English language learners, as it directly impacts their ability to convey and receive information accurately. However, this study faces certain limitations that must be acknowledged. The limited literature selected for the study limits the generalizability of the findings. Future research is expected to be conducted in a more controlled classroom setting within Chinese schools, thus providing more comprehensive insights and validating the findings through experimental methods. Addressing these limitations can, in the future, lead to a deeper understanding of how functional load affects English language acquisition and instruction, which is essential for

developing more effective teaching methods that can be tailored to address the specific phonological challenges faced by ELLs from different language backgrounds.

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