

Research on How to Implement Personalized Education in China

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Abstract: Personalized education is a new idea of higher education reform in the new era. Especially after the popularization of Chinese higher education, there are constant reforms inside schools to increase efficiency by changing the teaching methods of teachers and the learning methods of students. The purpose of this paper is to study how to implement personalized education and what specific aspects can be changed to make the school more personalized. This paper mainly adopts literature analysis and review. Through this paper, people can have a better understanding of the way to develop personalized education. This paper finds that if schools want to realize personalized education, they need to give students more autonomy to choose, change the way of education, and strengthen practical education. In addition, schools also need to create an atmosphere of personalized education, which can motivate students to become more engaged in learning. At the same time, the role of counselors is also an indispensable part of personalized education.

Keywords: personalized education, school atmosphere, study style, counselor, daily supervision

1. Introduction

With the development of society, the education model of the school is constantly improving. From traditional tutoring to equal education in ordinary public schools today. However, personalized education, a new way of education, is becoming more and more popular. Personalized education is different from any kind of education. The purpose of education is to promote the growth and development of people, and people are very different. Personalized education can make good use of people's differences to provide the best learning environment and mode. In this paper, the author will define personalized education, propose how to implement and create the learning atmosphere of personalized education and the importance of counselors in personalized education, and discuss in detail. In this paper, the author mainly uses literature analysis, review and other research methods to study and discuss how to implement personalized education in China's current society. Under the methods described by the author, China's personalized education industry can be further developed. This paper can also provide some reference for researchers who study personalized education.

2. Definition of Personalized Education

Personalized education refers to the analysis of the most suitable educational methods for the educational objects through comprehensive investigation and research, and tailor-made educational objectives and plans according to the objectives and requirements of the educational objects. According to the education object's mentality, learning ability and other aspects to provide corresponding courses [1].

Personalized education is a brand new education model, which is different from "large class teaching" in ordinary schools and "private education" in the traditional sense. The core concept of individuation is to design a set of learning plans for each student, assign a dedicated teacher and implement "one-to-one" face-to-face teaching, in which a team of teachers provides one-to-one guidance and arrangement for a student [2]. This kind of education model is more suitable for every student so that students can accept the knowledge to the maximum, the most significant effect [3].

3. How to Implement Personalized Education

The concept of personalized education is to respect the individuality of students, start from the actual needs of students, give full play to the individual talents of students, and create favorable learning conditions and development space, all the teaching management of the school must and should serve for this. So schools need to construct a whole new set of plans [4].

First of all, in teaching, teachers should respect students' wishes [3]. Developing personality is the goal of training, the essence of personalized education is how to make each person's inner talent in life and practice to play. The traditional education mode has strict boundaries. Students are fixed in a certain major and have to choose courses according to the regulations of their major no matter whether they are suitable or not. This deprives students of the right to choose, limits the development of their personality and the play of their strengths, and thus violates the requirements of the concept of personalized education [4]. The solution is to break the original way of education and implement a credit system. Students can choose courses according to their own interests and get credits. If they reach certain credit requirements, they will be regarded as passing the exam.

Secondly, schools need to achieve one curriculum schedule per student. According to the different situations of different students, Schools should establish the flexible management system. In terms of teaching methods, students should be taught according to their aptitude. Not only should they be targeted in the teaching process of different courses, but also in the teaching activities of the same course and different objects, so as to provide students with free learning and communication environment.

Third, people should improve the evaluation mechanism to grade students with more humane standards and set scores of different degrees according to their own abilities. In teaching, teachers should encourage students to think independently, advocate the spirit of doubt, and give timely encouragement and praise to students' unique insights and new ideas [4-5]. At the same time, it is necessary to change the original examination methods, adopt flexible examination methods, reduce the rote memorization of the examination questions, and increase the independent thinking analysis questions and practical projects.

Fourth, the school should strengthen practical teaching, so that students can discover their potential and interests through practice [5]. This is because only in practice can students think independently, find their strengths, and become interested in things, which will make students more independent and active in learning something, and also make them more confident.

Fifth, the school can set up the reward system appropriately [4]. When a student's performance meets goals or exceeds expectations, the school can give a reward, such as a small snack or gift. In this way, students can be encouraged to concentrate more on learning and exploration, so that

students can take the initiative to question knowledge and have a higher understanding of knowledge.

4. How to Create a Personalized Education Atmosphere

Personalized education is a brand new education model, so it can only be better applied if all the participants accept this model. Students and teachers need to change their rigid educational ideas and concepts. Teachers and students need to respect the dignity and value of each unique life, not just individual groups of people because of stereotypes. Teachers need to improve the teaching process from the perspective of personalized education, and students need to learn from the idea of personalized education [6].

Second, schools need to create a good atmosphere of study [6]. Study style is a kind of atmosphere, a good study style, can provide students with a good learning environment, which can improve their attention, so as to get more efficient study. At the same time, teachers can also be inspired by good learning styles, which helps them to improve the quality of teaching in a diversified way. So it is very important to strengthen the construction of study style. Schools can adopt the following ways to enhance the construction of learning style.

a. Cultivating teachers with excellent ethics can effectively promote the construction of learning style [6]. Teachers improve their own moral character and ways of doing things to set an example for students, students can't help learning and imitating their own teachers, teachers can play a leading role, when everyone pays attention to their own behavior, can build a good school spirit. At the same time, teachers can improve the quality of education by updating teaching content and improving teaching methods. Changing teaching styles can also make the classroom more engaging and make students more active and answer questions in class, which will allow them to better absorb knowledge and put it to practical use. But at the same time, teachers still need to strengthen the classroom teaching management, according to the different students' own situation strict requirements for each student.

b. Schools should strengthen examination management [6]. Cheating in exams is a very serious and unacceptable behavior, which means that students not only fail to review what they have learned but also try to cheat their teachers and parents through improper means. This is not only unfair to the other students, but also a serious character problem. Therefore, the school should take the examination style seriously, maintain the fairness and integrity of the education examination, and strengthen the teacher's management of the examination room discipline. Students who violate the examination discipline should be seriously treated, such as dropping out.

c. Cultivating students' good study and living habits is also an important point in the process of strengthening the school spirit [6]. To cultivate students' good learning and living habits is not only one of the purposes of education, but also an important prerequisite for education. Only when students have good physical condition and self-disciplined time management ability can they study independently. In today's Chinese schools, "three mornings" (get up early, exercise early, study early) and "four rates" (morning and evening self-study rate, class attendance rate, homework completion rate, grade passing rate) are often adopted to supervise students. At the same time, learning will often initiate activities to enrich students' campus life, so that students can get a certain release of learning pressure.

d. The school needs to strictly implement the rules and regulations and maintain the seriousness of the system [6]. A perfect school discipline is the most basic thing to cultivate a good school spirit. Students need to know what to do and what not to do. This is because the experience of students is not enough for them to have a stable interpretation of all things, so the school and teachers need to give them corresponding help. The system will determine the overall development of students, and the imperfect system will give students the wrong direction, resulting in students can not get the

maximum degree of promotion. At the same time, an overly strict system will limit students' development and reduce their self-thinking ability. When they are used to being helped to make decisions, they will become unable to make decisions by themselves in later life and lose their confidence.

The school should also create a comfortable living environment [6]. The environment is often the most important influence on students' mood, whether in school or in entertainment, so the construction of learning and the supply of resources is very important. In addition to the construction of teaching buildings, libraries, experimental and practical training buildings and living facilities, schools should often listen to students' opinions and improve living facilities and services for students. For example, there are problems with facilities such as bathhouses and canteens. Schools can make improvements by organizing surveys to determine the satisfaction degree of most students with school facilities and their modification opinions, and try their best to make the campus environment meet the satisfaction degree of most students. Libraries, laboratories and other departments need to establish logistics departments to serve students according to their needs and improve their learning efficiency.

5. The Role of Counselors in Personalized Education

As the education industry continues to improve and evolve, the use of counselors is becoming more common. A counselor is also known as a teaching assistant, and as the name suggests, is a teacher who helps a teacher serve a student. The main role of counselors in students' personalized education is to supervise students to complete the task, set an example for students, and help students when they encounter difficulties. Counselors are more like friends and closer to students than professors or teachers. This is because in students' daily life, the person who gets along with students day and night and communicates with them most extensively and directly is the counselor [7].

When personalized education becomes common, the biggest problem is the weakening of the concept of class. The communication time between teachers and students becomes scarce. Teachers usually cannot clearly understand the current abilities of students and have no time to directly supervise students. Therefore, counselors will help teachers to understand students in these aspects and solve problems [7].

6. Conclusion

This paper mainly discusses the theme of individualized education and how to implement individualized education correctly. Personalized education is a long-term project, and students and teachers need to gradually get out of their comfort zone and adapt to the new education style. The school needs to improve its facilities, system and atmosphere to create a better education environment for students and teachers. Counselors are also a necessity in personalized education to help students better supervise themselves. Due to the epidemic and other objective reasons, this paper lacks practical data through field investigation. In the future, personalized education will be more diversified and used in all education sectors to develop students' potential. At the same time, the study of students' psychological activities will become a big project.

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